

# Healthy Teeth

## Free local workshops



Get some  
practical tips for  
looking after your  
child's first teeth  
- because they  
really matter



Having healthy teeth is important for young children's development and wellbeing. But did you know that decay in first teeth can affect their adult teeth?

This session will help you understand:

- Everything you need to know about toothbrushing
- How you can make toothbrushing fun
- When to start helping children brush their own teeth
- How what children eat and drink affects their teeth

**Venue:**

Lye Family Hub  
DY9 8HT

**Date:**

Thursday  
2<sup>nd</sup> October 2025  
9.45am - 11.45am

Visit [www.dudleyparents.co.uk](http://www.dudleyparents.co.uk)  
or scan the QR code and click  
on the HENRY tile to book  
your place

